







16 - 20 September 2024

Various locations in NTFGH and JCH

Free Admission

Disc ours Join

Discover artful ways of seeing and knowing ourselves at this year's Arts&Health Festival.

Join us in celebrating the many dimensions of experiences which make us unique, through an array of arts activities ranging from exhibitions to performances and workshops.

The Festival features 5 new exhibitions with over 70 artworks, all co-created by local artists with patients, caregivers, community partners, and staff.

From visual and audio narratives on memories of patients with dementia and their caregivers, to the ethereal blue tones of cyanotype prints inspired by dialogues between youths and seniors that transcend time, each series serves as a springboard for self-reflection and discussion to inspire new facets of our lives.

As our hospitals commemorate 15 years of caring for our patients and the community, the Festival will also feature a special series of cardboard crane sculptures and origami crane installation co-created with the community.

We invite you to celebrate and contemplate the diverse roles we play in the community, as we continue to write the chapter for the next 15 and many more years to come.





Supported by JurongHealth Fund

ARTS&HEALTH BY JURONGHEALTH CAMPUS

Arts&Health by JurongHealth Campus started in 2014 with a mission to integrate different art forms into healthcare and community settings for therapeutic, educational and expressive purposes to create a healing environment and experience for our patients, families, visitors and staff. Harnessing the collective creativity of local artists, performing groups and volunteers, Arts&Health aims to connect and build partnership to foster a healthy and caring community in the west. Contact us: JHCampus_artsandhealth@nuhs.edu.sg





EXHIBITIONS

Featuring 5 art exhibitions with a diverse range of artworks from cardboard sculptures, origami, visual and audio narratives, to cyanotype prints co-created by local artists with patients, caregivers, youths and seniors in our community.

Catch the public exhibitions by November before the artworks are put up permanently in the wards and waiting areas to create a healing environment for patients, their families and staff.

• **EXHIBITION PERIOD** • 16 September to 15 November

· LOCATION ·

NTFGH, Towers A & B, Level 2 and JCH, Tower C, Level 1 (Unrestricted Public Access)



by Jason Khiang & FabLab Singapore Polytechnic, with patients of Jurong Community Hospital and seniors from Loving Heart Active Ageing Centre

Cardboard sculpture installation



Taking center stage at this year's Festival is a series of recyclable cardboard origami crane sculptures, co-created by patients and the community to commemorate JurongHealth Campus' 15th Anniversary. Inspired by the perseverance of patients who found strength and purpose to live life to the fullest, with the support of family and community, the installation of 15 cranes, in different colours and sizes – some as big as 2 metres, are displayed across the 3 hospital towers. Visit all 3 sites and be encouraged by the heartfelt hand-written well wishes for patients and healthcare workers, displayed alongside the crane sculptures.



Soar Together

Cardboard Crane Design Competition

by Staff of JurongHealth Campus

Cardboard crane sculptures fabricated by FabLab Singapore Polytechnic



The installation features over 40 submissions of decorated recyclable cardboard origami crane sculptures, all created by staff to represent the uniqueness of their departments. Displayed alongside "Flourishing Cranes – Celebrating Life and Resilience", the set of artworks celebrates the tenacity and camaraderie of every individual of JurongHealth Campus in the last 15 years, as we look forward and continue to champion excellence in delivering incredible care to our patients and the community for the next 15 years and counting.



Wings of Hope

by Kaelie Kwah with contributions from patients, staff and community Pleated paper and origami installation

Embracing its symbolic meaning of longevity, hope, and healing, this art installation of over 3,000 paper origami cranes contributed by the community is interconnected by a unifying paper fold that represents the strength and beauty of collaboration, diversity, and collective effort. The brightly coloured cranes capture not only the well-wishes from the community for our patients, but also aim to provide comfort, motivation, and a revitalised sense of direction during challenging times. Immerse yourself in a beautiful and thoughtful experience and make a wish for your loved ones under the Wings of Hope.



Whimsical **Encounters**

by Shirly Koh with seniors from NTUC Health Active Ageing Centre (Care) (Bukit Batok West) and students from Millennia Institute

Cyanotype prints on paper and fabric



The Sound of PortrAlts

by JCH Art Therapist, Lee Sze-Chin, Kronoscapes and Artwave Studio, with patients and caregivers from Ward C4, Jurong Community Hospital

AI-generated images and audio narratives



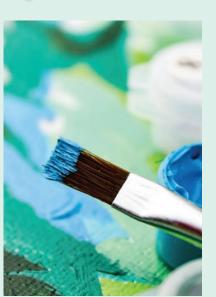
Take a peek into the everyday experiences of patients with dementia and their caregivers. Journey through and discover the different aspects of memory recollection as the series merges the beauty of oral storytelling with the creativity of Artificial Intelligence (AI). Take time to visualise and listen to their stories and unveil the person behind the patient.

WORKSHOPS

Recharge, relax and take a creative break on us with these fun hands-on activities for everyone. Each participant can only register for one workshop on a first come, first served basis.

> • LOCATION • NTFGH, Tower A, Level 1





Canvas Art Jamming

Auditorium Foyer

 SESSION 1
 SESSION 2

 16 September
 18 September

 11.30am - 2pm
 11.30am - 2pm

The activity requires 15 – 30 minutes. Up to **40 pax per session, one canvas per person**. No registration required.

Discover your artistic inner self and express yourself on a blank canvas. Jazz up your canvas with drawings, paints and a wide range of decorative materials, and bring home your masterpiece.



Discover Your Glimmers

Mosaic Candle Holder

Learning Centre, Excellence and Mutual Respect Room

19 September 12.30pm – 1.30pm

Limited to **40 pax.** Registration required.

Personalise your own mosaic candle holder with shimmering glass shards on a faceted exterior that glimmers while you seek moments of self-reflection during your quiet me-time. Pair your creation with scented candles and music (not included) for a full body experience.



Drawing You, Drawing Me

Self-portrait with Hello Jayne & Uncle Ong

Learning Centre, Excellence and Mutual Respect Room

20 September

SESSION 1 SESSION 2 12.15pm – 1pm 1.15pm – 2pm

Limited to **20 pax per session.** Registration required.

Start seeing the world around you by seeing the subject you know best: yourself. Learn self-portrait tips from father-daughter duo Hello Jayne and Uncle Ong, a stroke survivor who picked up painting with his non-dominant hand.

• PERFORMANCE PERIOD • 16 - 20 September

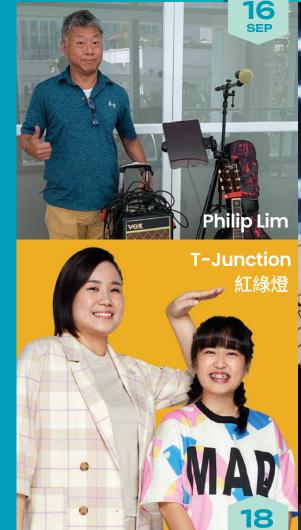
12.30pm - 2pm · LOCATION ·

NTFGH Link Bridge and Wards

PERFORMANCES

Don't miss the captivating voices and beautiful melodies of local musicians who will perform a variety of music genres, familiar favourites and energetic beats that will have you singing along!











An Evening Concert of Songs and Opera Arias

by Dr Wong Su Sun & Friends

20 September 6:30pm - 7:30pm JCH, Community Hub, Tower C, Level 1

Enjoy an evening of musical repertoire opera arias by veteran soprano, Dr Wong Su Sun, together with her passionate "A Day A Lily", a mini docu-opera about



WHAT'S ON!

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Soar Together Cardboard Crane Design

Cardboard Crane Design
Competition

by staff of JurongHealth Campus

Whimsical Encounters

by Shirly Koh with seniors from NTUC Health Active Ageing Centre (Care) (Bukit Batok West) and students from Millennia Institute

Wings of Hope

by Kaelie Kwah with contributions from patients, staff and community

The Sound of PortrAlts

by JCH Art Therapist, Lee Sze-Chin, Kronoscapes & Artwave Studio with patients and caregivers from Ward C4, Jurong Community Hospital

WORKSHOPS

16-20 September NTFGH, Tower A, Level 1

Canvas Art Jamming

16 & 18 September, 11.30am – 2pm Auditorium Foyer

Discover Your Glimmers Mosaic Candle Holder

19 September, 12.30pm - 1.30pm

Registration required Limited to 40 pax

Learning Centre, Excellence and Mutual Respect Room

Drawing You, Drawing MeSelf-portrait with Hello Jayne & Uncle Ong

20 September,

Session 1 : 12.15pm - 1pm Session 2 : 1.15pm - 2pm

Registration required Limited to 20 pax per session

Learning Centre, Excellence and Mutual Respect Room

PERFORMANCES

16 – 20 September 12.30pm – 3.30pm NTFGH Link Bridge & Wards





Supported by

